## Food Allergies/Intolerances Form

Pine Springs Camp makes it a priority to provide campers and retreat guests with healthy and delicious food for the duration of their stay. We recognize that individuals who have allergies and food intolerances need accommodations to ensure that they stay safe and healthy while eating away from home. To that end, it is critical that we get as much information as possible to ensure that we can do our best to accommodate special dietary needs. Please return this form at least two weeks prior to your child's stay at camp. You may also contact the camp for a tentative menu. Ellie Davis, our Food Service Coordinator, is available to discuss any questions or concerns and can be reached at pscretreat48@gmail. com or by calling the camp office at 814-629-9834.

Please complete the following form ONLY if your child has any food	allergies or intolerances.
Camper Name:	
Week of Camp they are attending:	
Camp Name:	
Contact Information:	
Parent/Guardian Name:	
Contact Phone:	
Relationship to Camper:	
Food Allergies/Intolerance Please list allergies/intolerances and their severity:	

We are able to accommodate most common allergies and desire to provide food that is safe and familiar to campers. Families are welcome to send supplemental food for a child with very specific needs (for example: prefers only a certain kind of gluten free pasta or almond milk etc.). Unused food can be picked up at the end of the camp session. This information will be given directly to the Food Service Coordinator. You will also need to include this information on the general health forms required by the camp.