

THE PSC RETREAT FOR 4-6TH GRADE

# PACKING LIST

## WHAT TO BRING

- Sleeping Bag (or sheets and a blanket) and pillow
- Toiletries (toothbrush, soap, towel, etc...)
- Sneakers for indoor and outdoor activities
- Clothes appropriate for camp you might get messy!
- Bible, Journal or Notebook, and a pen or pencil
- Flashlight
- Camera (optional)
- Medication, if necessary. Please label all meds.
- Sweatshirts for those cold nights
- Money for the camp store

#### WHAT NOT TO BRING

- iPod, iPad, Kindle, Nook, electronic gaming devices, cell phone, etc...
- Food (including gum)
- Knives or other weapons
- A swimsuit

HERE

I AM

### MEDICATION

All medication must be turned into the nurse for the weekend

#### QUESTIONS?

Please Contact: Mike Hurley at 814.243-3398 or mike@pinesprings.org