

COVID INFORMATION PAGES

Dear Camper Families,

In the following pages you will find our updated information regarding our COVID process and plans. We have appreciated your patience as we have finalized these plans and humbly ask for your continued patience as we put these plans into action going forward.

As has been stated numerous times, the safety of our campers, staff and families is our number 1 priority. We know and understand that these plans may not be perfect or even in agreement with how you have been living your life as a family. But please understand that we have sought the help of the CDC (Center for Disease Control), ACA (American Camping Association), CCA (Christian Camping Association) and numerous members of the medical community as we have been compiling this information.

Here is what you will find in the following pages:

- Health Screening COVID Procedures and Protocols
- PSC Policies at a Glance
- Temperature Check Chart
- Family Agreement and COVID Release Form

Health Screening COVID Procedures and Protocols Pine Springs Camp



Pine Springs Camp will be following certain protocols and guidelines that have been established by the ACA and the CDC. To be as safe as possible and to take mitigation precautions we are recommending the following measures be taken. Pine Springs Camp has the following protocols and procedures to minimize the risk of contracting COVID-19, however, the camper, parent or guardian must realize that there is a risk of contracting COVID by attending camp and each adult camper or parent/guardian must sign a Pine Springs Camp Family Agreement and Covid Release of Liability form to attend camp.

PRE-CAMP PROCEDURES

3 OPTIONS TO CHOOSE SO YOU CAN ATTEND CAMP

1. Be fully vaccinated.
2. Receive a negative PCR COVID-19 Test within 72 Hours of the start of camp.
3. Complete a 10-day period prior to the start of self-monitoring, quarantine, and Temperature Check Recording.
(This option is for non-adult campers, all adults must either do #1 or #2 above)
4. The CDC does not recommend getting tested again in the three months after a positive viral test if the person does not have symptoms of COVID-19. Campers who have had a positive viral test in the 3 months prior to the start of camp and have met the criteria to end isolation should have a letter from their healthcare provider documenting the positive test date and stating that the individual is cleared to end isolation.

OTHER PRE-CAMP INFORMATION

- If a camper develops any symptoms within 10 days prior to camp, the camper should not come to camp without receiving a negative Covid Test within 72 hours of the start of camp.
- If camper has any symptoms as outlined below within 72 hours (3 days) prior to the start of camp, camper must stay home, and every effort will be made to move camper to a later week of camp.
- Unless vaccinated for the COVID-19 virus, campers should make every effort to begin a health monitoring period 10 days prior to camp. Campers should physical distance, wear masks when not at home, avoid unnecessary travel and refrain from indoor social gatherings with people outside their households.

FOR ADULTS (Grandmas, Moms and Tots Camps and Family Camp)

I. Every adult that attends camp must either be fully vaccinated or provide negative COVID Test

- II. "Fully vaccinated" means that they received the last vaccine shot at least two weeks prior to the start of camp.
- III. If the adult camper is not fully vaccinated, they must receive a negative COVID-19 PCR Test within 72 hours before the start of camp.
- IV. In addition, if adult camper is not fully vaccinated, it is recommended that they quarantine themselves (limited contact with other than family members) between the time COVID test was taken and the start of camp.
- V. Proof of the negative test must be provided at Registration the first day of camp. Documentation must include the name of the medical facility/office/lab, then camper's name and the date the COVID-19 PCR test was administered.

FOR ALL CAMPERS 18 AND UNDER

OPTION #1-RECEIVE A NEGATIVE COVID-19 PCR TEST-72 HOURS PRIOR TO CAMP THEN SELF MONITOR UNTIL CAMP

- i. In lieu of the 10-day self-monitoring process described above the parent/guardian may choose instead for the camper to receive negative PCR test taken within 72 hours of the start of camp. A negative test result can be submitted instead of completing the self-quarantine 10-day period and taking the "Daily Temperature sheet".
- ii. Documentation must include the name of the medical facility/office/lab, then camper's name and the date the COVID-19 PCR was administered. Failure to provide required documentation will necessitate the camper not being allowed to attend camp.
- iii. The camper should practice proper monitoring and quarantine principles between the time COVID test was taken and the start of camp (3 days). Campers should physically distance, wear masks when not at home, avoid unnecessary travel and refrain from indoor social gatherings with people outside their households during this time.
- iv. Campers who did receive a negative COVID-19 test must also monitor and divulge if they experienced any COVID symptoms or were potentially exposed to a person that was COVID positive during the 72 hours.
- v. Campers who display symptoms within 3 days (72 hours) of camp should not come to camp!

OPTION #2-10 DAY HEALTH MONITORING, QUARANTINE AND TEMPERATURE RECORDING PERIOD

A. Recording Temperatures for 10 Days Prior to Start of Camp

- i. Beginning 10 Days prior to the start of camp the parent/guardian must keep a daily record of the temperature of the camper. The temperature must be recorded on the "Daily Temperature Sheet" provided by Pine Springs Camp and returned at registration. If a camper has a temperature of greater than 100.4 during the 10-day period, the camper should either not come to camp or must receive a negative COVID test.
- ii. Parents/Guardians are asked to do self-screening of campers for the presence of COVID related symptoms. In addition to a fever of greater than 100.4, symptoms such as coughing, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting etc.
- iii. If camper has developed symptoms or has been potentially exposed, in close contact with a person with COVID-19, camper must stay home or receive a negative COVID-19 test within 72 hours of the start of camp.
- iv. In an effort to assess and communicate their intentions, the parent/guardian must notify camp if either or both of above situations occur.
- v. Campers who did receive a negative COVID-19 test must also monitor and divulge if they experienced any COVID symptoms or were potentially exposed with a person that was COVID positive during the 72 hours.
- vi. The camper should practice proper monitoring and quarantine principles between the time COVID test was taken and the start of camp. Campers should physically distance, wear masks when not at home, avoid unnecessary travel and refrain from indoor social gatherings with people outside their households during this time.

vii. Campers who display symptoms within 3 days (72 hours) of camp should not come to camp.

HEALTH SCREENING PROCESS AT CHECK-IN

Please review the document "Check in Procedure for Summer 2021" for a detailed description of the process. Here is some important information that concerns the Check in Process this summer.

- Only one parent or guardian should come to check in and go through the registration process with the registered camper. For the safety of campers and staff we are limiting the number of extra family members and guests on camp property. This will also assist us in running a less congested, easier to social distance and safer registration process.
- We will do an initial Health Screening of all people who will be on camp property during check-in. This includes parents/guardians, registered campers and other family members who are present at check in and on camp premises.
- All persons that are on camp during registration are expected to always wear masks whether indoors or outdoors.
- Upon arrival both camper and the parent/guardian must report to STOP 1-where they will be given a COVID Health Screening including taking temperatures, checking the Temperature and Pre-Camp Health Screening Chart, and asking the intake questions.
- If a camper has a temperature of greater than 100.4, they will not be allowed to come to camp.
- If all documentation is complete and the camper, parent (family) passes the Health Screening, they will then proceed to STOP 2 of the Check in Process-Registration, Balance and Camp Store Information.
- Every camper will then proceed to STOP 3 where they will hand in paperwork and learn more about the camper's counselor.
- Every Camper will need to see the Nurse at Stop 5 to receive additional information of camp medical and COVID procedures and safety reminders of how to be as safe as possible while at camp. In addition, parents will be able to check in any medications with the camp nurse if applicable.

HEALTH SCREENING PROCEDURES DURING CAMP

- Every camper will have their temperature checked and recorded in the morning prior to breakfast. Temperatures will be taken in the cabin.
- If a camper has a fever or displays any COVID like symptoms the camper will be quarantined with supervision, parents will be notified, and procedures outlined in our "Camper/Staff Who Display Symptoms Policy" will be followed.
- In consultation with the Camp Nurse, A Year-round Camp Director and the parent a decision will be made which may include sending the camper home.
- Other safety protocols will be implemented which are designed to mitigate the possibility of COVID being spread.

AFTER CAMP HEALTH SCREENING AND MONITORING PROCEDURES

- Upon returning home from camp, we ask that parents/guardians continue to monitor the health and wellness of campers for 7 days.
- If there is any noticeable COVID symptoms we recommend calling a physician and being tested for COVID as soon as possible.
- If camper is diagnosed with COVID-19 the parent must call and notify Pine Springs Camp immediately.