

# Staff/Volunteer Medical Release

***This Form Must Be Sent in Prior to Your First Day or  
Brought with You on Your First Day***



Adult Summer Employees/Volunteers (18 and older): complete form and sign.

Minor Summer Employees (under 18 years of age): Parent/Guardian must complete form and sign.

## Personal Information

Name of Staff/Volunteer: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

Home Phone: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Parent/Guardian Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

1st Emergency Contact: \_\_\_\_\_ Ph #: \_\_\_\_\_

2nd Emergency Contact: \_\_\_\_\_ Ph #: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Ph #: \_\_\_\_\_

Is the participant covered by family medical hospital insurance?  YES  NO

If yes, please indicate carrier \_\_\_\_\_ Policy or Group #: \_\_\_\_\_

***\*Please provide a copy of the front and back of the health insurance card and attach to this form.***

## Health History

### Immunization Records

***Please Note: A current immunization record from doctor must be provided before a staff member will be allowed to start employment. Please attach to this form.***

Date of last Tetanus shot: \_\_\_\_\_ Are immunizations current?  YES  NO

If No, which one(s) are not current? \_\_\_\_\_

### Medications

Able to take Tylenol?  YES  NO Able to take Advil?  YES  NO

Are you currently on any medication? Please specify: \_\_\_\_\_

Please list Medications that you are bringing to camp: ***(All medications must be kept in the nurse's station)***

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ x Daily \_\_\_\_\_ Time \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ x Daily \_\_\_\_\_ Time \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ x Daily \_\_\_\_\_ Time \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ x Daily \_\_\_\_\_ Time \_\_\_\_\_

Prescribing Physician (s) \_\_\_\_\_

**Allergies:** Check those that apply to you.

\_\_\_\_\_ I have no known allergies.

\_\_\_\_\_ I have an allergy to this food: \_\_\_\_\_ This causes anaphylaxis?  YES  NO

\_\_\_\_\_ I am allergic to this medication(s): \_\_\_\_\_ This causes anaphylaxis?  YES  NO

\_\_\_\_\_ I am allergic to these substances:

Bee Stings  Poison Ivy/Oak (Highly Allergic)  Other \_\_\_\_\_

This causes anaphylaxis?  YES  NO

Describe what happens if you eat this **food** or are exposed to these **medications** or **substances** and how the reaction is managed:

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**Nutrition:** Our expectation is that staff set an example for campers by eating the provided meal. We work with some medically prescribed diets, such as gluten-free and lactose intolerance. Please contact our Food Service Director, Ellie Davis ([ellie@pinesprings.org](mailto:ellie@pinesprings.org)), prior to the summer to discuss any concerns.

\_\_\_\_\_ I eat a regular, varied diet and am prepared to eat a variety of foods while at camp.

\_\_\_\_\_ I have the following dietary restrictions:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Gluten intolerance                                    | <input type="checkbox"/> Peanut and/or tree nut free | <input type="checkbox"/> Celiac disease |
| <input type="checkbox"/> Vegetarian (please give any additional details below) | <input type="checkbox"/> Lactose intolerance         |   |
| <input type="checkbox"/> Vegan (please give any additional details below)      | <input type="checkbox"/> Other: _____                |   |

Describe any additional information our Food Service Coordinator should be aware of: \_\_\_\_\_

**Chronic Concerns:** Check all that pertain to you and provide information about supportive healthcare. Completion of this section is voluntary, yet helpful to healthcare staff.

\_\_\_\_\_ I have no chronic health concerns.

\_\_\_\_\_ I have the following chronic health concern(s):

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Asthma         | <input type="checkbox"/> Headaches, Migraines   | <input type="checkbox"/> Surgical History        |
| <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Difficulty breathing   | <input type="checkbox"/> Severe PMS symptoms     |
| <input type="checkbox"/> Fainting       | <input type="checkbox"/> Back pain or injury    | <input type="checkbox"/> Seizure disorder: _____ |
| <input type="checkbox"/> Sleep Problems | <input type="checkbox"/> Knee or ankle weakness | <input type="checkbox"/> Other: _____            |

Have you had any illnesses, injuries, or surgeries? \_\_\_\_\_

Any special medical conditions you may have that would require extra care? \_\_\_\_\_

Any special restrictions or considerations while at camp? \_\_\_\_\_

Have you had a recent exposure to a contagious or infectious disease? \_\_\_\_\_

Any physical, emotional or mental concerns we should be aware of, such as health habits, health conditions, menstruation, recent loss or trauma? \_\_\_\_\_

**IMPORTANT: This section must be completed for participation in camp activities**

Parent/Guardian OR Staff Member/Volunteer Authorization: This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp's health care provider to provide routine health care; to administer medication; to order x-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician or dentist selected by the camp to secure and administer treatment, including hospitalization, for the person named above. I affirm that the camp, its staff and volunteers are held harmless from any liability claims, judgments, and costs incurred during my/my child's stay at the facility or involvement in the camp experience. This completed form may be photocopied for trips out of camp.

\_\_\_\_\_  
*Employee/Volunteer Printed Name (OR Parent/Guardian Printed Name for Employees under 18)*

\_\_\_\_\_  
*Employee/Volunteer Signature (OR Parent/Guardian Signature for Employees under 18)*

\_\_\_\_\_  
*Date*