## Food Allergies/ Intolerances Form

This Form Must Be Sent in ASAP or no later than Two Weeks Before Your Child's Week at Camp



Pine Springs Camp makes it a priority to provide campers and retreat guests with healthy and delicious food for the duration of their stay. We recognize that individuals who have food allergies and intolerances need accommodations to ensure that they stay safe and healthy while eating away from home. To that end, it is critical that we get as much information as possible to ensure that we do our best to accommodate special dietary needs. You may also contact the camp for a tentative menu.

Ellie Davis, our Food Service Coordinator, is available to discuss any questions or concerns and can be reached at ellie@pinesprings.org or by calling the camp office at 814-629-9834.

Please complete the following form ONLY if your child has any food allergies or intolerances.

Camper Name: \_\_\_\_\_\_\_ Age Group Name: \_\_\_\_\_\_ Dates of Camp: \_\_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_\_ Contact Phone: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_\_ Please list allergies/intolerances and their severity:

We are able to accommodate most common allergies and desire to provide food that is safe and familiar to campers. Families are welcome to send supplemental food for a child with very specific needs (for example: prefers only a certain kind of gluten free pasta or almond milk etc.). Unused food can be picked up at the end of the camp session. This information will be given directly to the Food Service Coordinator. You will also need to include this information on the general health forms required by the camp.