



What to Bring:

JR/SR HIGH WINTER RETREAT

What to Bring:

- Clothes - Pack plenty of layers!
- Winter Snow Clothing
- Snow Boots and Sneakers for Indoor Activities
- Sleeping Bag and Pillow or Sheets and Blanket
- Toiletries (Toothbrush, Soap, Towel, Etc.)
- Bible, Journal, and Pen/Pencil
- Flashlight
- Camera (Optional)
- Medications* (If Necessary) - PLEASE LABEL!

What Not to Bring:

- Cell Phones, Text-Enabled Watches, and Other Electronics
- Video Games
- Pets
- Alcohol or Illegal Drugs
- Fireworks or Firearms
- Knives, Hatchets, or Anything Considered a Weapon
- Food (Gum, Candy, etc.)
- Personal Sports Equipment



Medications*:

Any and ALL medications should be turned in when you check in on Friday night to our nurse. The camp nurse will make sure that prescription medications are given when required. The camp cannot be responsible for medications that are not turned in at registration time!