theBIGone

PACKING LIST

WHAT TO BRING

- Sleeping Bag (or Sheets, Blanket, and a Pillow)
- Toiletries (Toothbrush, Soap, Towel, etc.)
- Sneakers for Indoor and Outdoor Activities
- Clothes (Appropriate for camp - you might get messy!)
- Laundry Bag
- Bible, Journal or Notebook, and a Pen or Pencil
- Flashlight or Head Lamp
- Water Bottle
- Backpack
- Bug Spray
- Camera (optional)
- Medication* (if necessary)
- Sweatshirts for cold nights
- Money for the Camp Store

WHAT NOT TO BRING

- Cell Phone, iPod, iPad, Kindle, Nook, Electronic Gaming Devices, Text-Enabled Watches, etc.
- Food (including Gum)
- Knives or Other Weapons
- Swimsuit

MEDICATION*

All medication must be turned into the nurse at check-in and will stay in the Nurse's Station until the end of the retreat.

FORMS

- Medical Release
- Waiver, Release, and Indemnification Agreement

If you were a camper during Summer 2025, you do not need to submit these forms again unless something has changed.

QUESTIONS?

Please contact Mike Hurley at mike@pinesprings.org or 814-243-3398