

Breakfast - \$6.50/person

Choose One:

Scrambled Eggs

Breakfast Sandwich (egg and cheese on a bagel or biscuit)

Baked French Toast

Breakfast Casserole – (eggs and cheese with sausage or bacon or veggie)

Pancakes/Waffles

Pancake and Sausage Bake

Quiche

Choose one:

Bacon

Sausage

Choose One:

Hash Browns

Cinnamon Rolls/Donuts/Muffins

Biscuits

Served with every breakfast:

Coffee/Tea/Juice/Milk

Included: A small breakfast bar with assorted cold cereal, oatmeal and fruit is included with each breakfast served in the Refuge

Lunch - \$8.50/person

Choose One Sandwich:

Sloppy Joe

Ham, Turkey or Veggie Hoagie

Chicken Patty

Chicken Tenders

Hamburgers/Cheeseburgers

Grilled Cheese

Soft Taco (beef)

Pizza

Choose Two:

Soup (Chicken Noodle, Tomato, Chicken and Wild Rice, Vegetable, Chili, Wedding)

Salad (Pasta Salad, Tossed Salad, Applesauce)

Tater Tots, French Fries

Potato Chips, Tortilla Chips/salsa, Pretzels, Doritos

Served with every lunch:

Cookies and Cold Drinks

Dinner - \$9.50/ person

Choose One Entree

Chicken – baked, fried or grilled (seasonal)

Spaghetti and Meatballs, Alfredo Sauce

Meatloaf and gravy

Lasagna- chicken/veggie or meat

Chicken fajitas (with lettuce, salsa, cheese)

Roast Beef and Gravy

Turkey

Choose one starch:

1 Potato- sweet or white (Mashed, roasted, baked, scalloped)

1 Pasta (Noodles, Pasta Salad, Macaroni and Cheese)

Rice (White, brown)

Garlic Bread/Dinner Rolls

Choose 1 Side: Broccoli, Carrots, Corn, Green Beans, Applesauce, some seasonal vegetables

Dinner includes a tossed salad and dessert

Coffee/Tea/Cold Drinks